

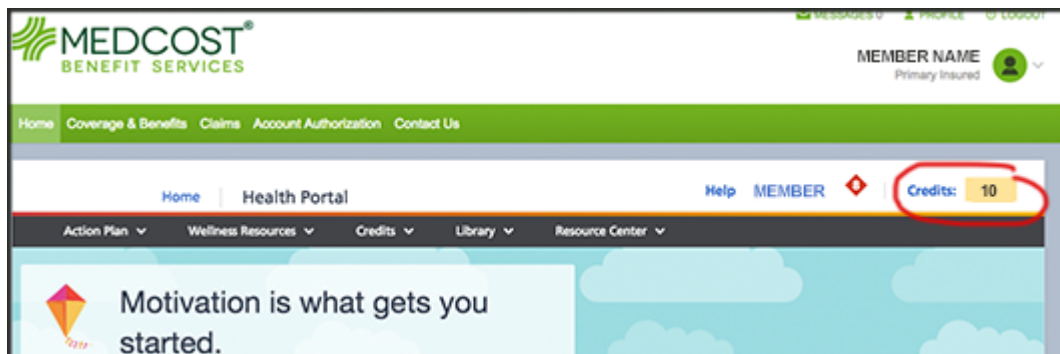


Personal Health Suite Enhancements Mean A Better Member Experience

Recent enhancements to MedCost's Personal Health Suite, a comprehensive collection of online tools and resources for positive health and lifestyle changes, make it even easier for health plan members to track progress toward their goals and achieve better health.

Personal Health Suite includes a brief Wellness Assessment, which is the foundation for members to receive personalized recommendations and identify areas of focus to help improve their health. With these latest enhancements, members now can complete the assessment on their Smartphone or other mobile device—it works for every device and browser type.

In addition, the wellness credits a member earns for completing the assessment, setting a goal, or accessing topics in the Personal Health Suite resource library will now be displayed in the upper right corner on the member's personalized home page. This easy points tracking system helps to motivate members toward achieving their personal goals.



To learn more about Personal Health Suite, [click here](#) or contact your MedCost Benefit Services Account Manager.



WWW.MEDCOST.COM
1-800-217-5097