# Achieving the Benefits Balance™. Balancing medical care with benefits cost.

## **COST MANAGEMENT**

WHY MEDCOST?

- Exclusively specializing in self-funded benefits
- Transparent and actionable reporting on population health outcomes
- Longstanding relationships with stop loss partners provide excellent coverage and swift reimbursement
- Cost trend substantially lower than national averages for over five years
- Benefits are easy for members to use: customer care line and online tools
- Flexibility to integrate with other vendor partners

**Companies choose MedCost** because they want to save money. But they stay because of the exceptional and involved care.

#### NETWORK

#### **Regional & National Solutions**



- Multi-State Primary Network North Carolina • South Carolina • Virginia
- National Network for Primary Coverage and Travel
- Progressive Contracting Strategies
- Innovative Network Solutions

## RX CLINICAL **PROGRAM**

#### **Trend Management**

- PBM & Care Management Integration
- On-Site Clinical Reviews
- Cost-Effective Step Therapy
- Specialty Pharmacy Review

#### **Plan Design Solutions**

- Exclusive Network
- Value-Based Formulary

## SOLUTIONS MANAGEMENT

#### **Care Management Cost Containment**

- Inpatient and ER Utilization Review
- Transitional Care for Readmission Avoidance
- Care Coordination Maximizing In-Network Usage
- Clinical and Preventive Gaps in Care Reduction

#### **Claims Administration**

- Medical
- Vision
- Rx

Health Reimbursement

- Stop Loss
- Dental

## Health Savings Accounts

- Accounts

#### **Ancillary Services**

- Underwriting Support
- Compliance
- Flex Spending Accounts
- COBRA
- HIPAA

#### **Reporting & Analytics**

- · Year-Over-Year Trend
- · Risk Stratification, Predictive Modeling & Clinical Care Gaps
- Data Sharing to Support Onsite Clinical Programs



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## MEMBER CARE

## OUR CARE APPROACH

Our individualized care supports the sick and the well—from providing treatment support for a complex condition to a lifestyle coach to help reset and maintain life's balance. We help you give employees what they need to be their best self.

## Healthy & Well 4

**75% Population** 

#### Supporting a full spectrum of wellness needs

- Health & Wellness Business Consultation
- Health Risk Assessment & Biometric Screenings
- Wearable Devices
- Lifestyle Coaching
- Tobacco Cessation

- Financial Health Education
- Fitness Center Network
- Telehealth
- Emotional Health
- Preventive Care Reminders

## At-Risk/Rising Risk

24% Population

# Hands-on nurse coaching & education

- Personal Care Management
- Transitional Care Counseling
- Maternity Programs (SmartStarts)
- Chronic Condition Disease Education
- Gaps in Care Closures
- Rx Clinical Programs
- Telehealth

## → Complex

**1% Population** 

## Navigating severe health conditions with members

- Case Management of Complex & Long-Term Conditions, such as oncology, transplants, renal
- Specialty Rx Management
- Advocacy & Care Coordination
- Board Certified Speciality Case Managers
- Telehealth

### **Acute Care**

## Selecting care that provides positive health & financial outcomes

- Inpatient Care Review
- Outpatient Care Review
- Pre/Post Discharge Planning
- 24/7/365 Access Telehealth Services
- Rx Clinical Program
- Behavioral Health

# RX CLINICAL PROGRAM

#### **Specialty Management**

- Patient Education & Monitoring
- Adherence Assessments
  Throughout Therapy
- On-Call Pharmacists

- Proactive Side Effect
- Injection Training

Management

• 24/7 Clinical Support

#### **Clinical Solutions**

- Drug Interaction
  Assessments
- Drug Therapy Adherence
- rt Gaps in Pharmacy Care

#### Formulary Education

 Evaluating Setting for Administering Medication

#### NETWORK

#### **Regional & National Solutions**

- Comprehensive Access
- Pricing Transparency

